

Medford Parks & Recreation Co-Ed Kickball Rules

Revised May 2007

1. Rosters & Team Personnel

- A. Team rosters must contain signatures of at least four males and four females.
- B. The game is played between two teams consisting of eight players each.
- C. Teams need at least six players (with at least three women) to start and finish a game.
- D. When playing with seven players, at least three must be women.
- E. When playing with eight players, at least four must be women.

2. Game Protocol

- A. Game length will be nine innings (or one hour in duration) unless specifically modified by the league director or umpire.
- B. Lineups must be given to the home team scorekeeper before game time.
- C. Forfeit time is five minutes after scheduled game time as determined by the umpire.
- D. Except for the catcher, all defensive players must be behind the pitcher.
- E. The pitcher must be a member of the offensive team.
- F. Each team is required to have a catcher.
- G. The infield fly rule will not be enforced.
- H. If a team leads by 10 or more runs after the fifth inning, the game will be called.

3. Kicking Order

- A. All members of a team may kick.
 - 1. A team must keep same kicking order throughout the game.
 - 2. Kicking order must alternate by gender.
- B. The kicker may not run past home plate before kicking the ball.

4. Substitutions

- A. A substitute may take the place of a player whose name appears in the kicking order.
 - 1. The manager or team captain making the substitution shall immediately notify the umpire and scorekeeper.
- B. Substitutions must be made based on gender
- C. Any player may be removed from the game during a dead ball

5. A player is ruled out if:

- A. He/she kicks two fouls or gets hit by the ball from the shoulders down before reaching the base.
 - 1. A player who is not in a regular standing or running position and is hit in the face/head will be ruled out if he/she was deliberately attempting to avoid contact or is sliding.
- B. The kicked ball is caught on the fly.
- C. The runner is forced out.
- D. The base runner is off the base before the ball is put into play by the kicker.
- E. A runner leaves base before the pitch reaches home plate or is kicked.
- F. Leading off a base.
- G. Attempting to steal a base.
- H. Bunting (a deliberately meek kick attempt).

6. Conduct

- A. The captain is the only player who may address the officials during the game but only on matters of rules interpretation.
- B. Abusive or insulting language, acts of unfair play, and coaches, captains, or substitutes on the field of play without permission will result in suspension or forfeit.