



Medford Parks and Recreation Department 2010 NFL Flag Football League Parent Meeting Agenda

1. Introductions

- Rich Rosenthal – Recreation Superintendent
- Brandon Meyer – Recreation Supervisor
brandon.meyer@cityofmedford.org, 541-774-2400

2. Handouts

- General information
- Rules

3. Games and Practices

- Practices begin no sooner than April 7 at City park sites
 - Teams may practice no more than twice per week
 - Parents are encouraged to practice at home with your children
 - City staff member will contact you no later than April 7 regarding team placement, coach name/number and first practice time/location
 - PLEASE wait until April 8 before calling us (774-2400)
- What to expect at the first practice
 - Copy of team roster
 - Copy of game schedule
 - LifeTouch photo order form
- Games are Friday evenings, starting April 16
 - April 16 is a jamboree (two 20-minute practice games)/possible free SOU clinic
 - All games at U.S. Cellular Community Park multi-sport complex (Fields 10-14)
 - Games last about an hour
 - No games May 28 (Memorial Day weekend)
 - Games are played rain or shine!
- Photo Day is April 23, weather-permitting
 - LifeTouch handles all photography services (772-4455)
 - No purchase is required; proceeds fund MPRD youth scholarships
 - Be on time and patient on Photo Day
- Prohibited items at U.S. Cellular Community Park
 - No sunflower seeds
 - No food on the turf
 - No metal cleats
- Where to find league information: www.sportsmedford.com – “youth programs”

4. Team Formulation

- Each player is randomly assigned to a team
- Approximately 10 players per team – co-ed teams
- Coaches kids are automatically be assigned to their parents' team
- Siblings in the same age group are automatically placed on the same team
 - Make sure we know if siblings have different last names
- We make every effort to balance each team in terms of age and gender
- Special requests are a burden! However, we try to accommodate special needs related to transportation/carpooling or religious issues. Conflicts with Little League or other activities do not constitute a valid special request!

5. Equipment

- Each participant is issued a jersey and flag belts the week of April 12
- All players must wear a protective mouthpiece
- Molded cleats are allowed, but metal spikes and screw-on spikes are not allowed
- Player equipment is inspected prior to game time
- MPRD provides game and practice footballs
- MPRD is not responsible for items left behind, lost or stolen

6. Coaches

- Have been background-checked by the City
- Organize practices
- Maintain a fun and safe playing environment
- Ensure players wear the proper safety equipment
- Distribute schedules and equipment
- Arrive at least 15 minutes before games to meet the team.
- Recruit an assistant to help during practice and along the sidelines during games
- Maintain a positive attitude and healthy environment

7. Volunteer Coaches Wanted!

- Volunteer coaches are essential for this program to be offered at a low price
- Wanted: 12 head coaches for 6-10 age group; 8 for 10-14
- If interested, please stay after the meeting
 - Criminal background check
 - Fill out City volunteer forms
 - Attend Coaches' Meeting: Mon., April 5, Santo Community Center, 6 p.m.

8. Low-Cost, High-Quality Youth Football Clinic for NFL Flag Participants

- Friday, April 2 and April 9, 6-8 p.m.
- Only \$10 for NFL Flag Registrants (total cost for 2 clinics) – not too late to register
- Coordinator: Jerry Wolfram, longtime prep football coach
- Location: U.S. Cellular Community Park